

My Health, My Responsibility Summative Assessment #2 For A Television in My Room

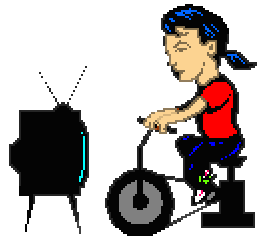


Table of Contents

Item	Page Number
My Health, My Responsibility - Instructions	Pages 2-3
My Health, My Responsibility - Assessment	Pages 4-5
My Health, My Responsibility - Answer Key	Pages 6-7

My Health, My Responsibility Summative Assessment #2

Type of Assessment:

Constructed Response, Selected Response

Duration:

20 minutes

Standards Assessed:

LA.A.1.2.3.4.3, LA.A.2.2.6.4.1, LA.A.2.2.7.4.1

Description of Assessment Activity:

The assessment includes a text to be read by the teacher and student, vocabulary and definitions for matching, four statements from the text to be identified as fact, fiction, or opinion, including an explanation as to the reason for the identification, and three sets of statements from the text to be categorized as cause or effect.

Teacher Directions:

Gain students' attention by reminding them of all the reading that they have been doing about Zach and the skateboard. Tell them that the objective of this assessment is for them to have a chance to show what they know about reading. Duplicate the assessment for each student. As students follow along, read the text aloud. Ask for questions and allow discussion of the text. Read the instructions aloud. Answer any questions students may have about the instructions, but do not answer any questions specifically concerning the assessment items. Allow about fifteen minutes for students to complete the assessment on their own.

Student Directions:

Listen and follow along as I read the story. Ask any questions that will help you understand the story. Listen as I read and explain the instructions. Finally, reread the story and complete the assessment items.

Scoring Method and Criteria:

See the attached answer key for criteria. The assessment is scored by percentage correct with a total of 14 possible points.

Name _____

Date _____

My Health, My Responsibility

Listen and follow as the story is read to you. Then, you read the story.

“Get off that couch and get some exercise!” Abbie’s mom fussed.

“I am exercising,” Abbie replied. “I’m exercising my mind reading this report about health.”

“You need to exercise your body as well as your mind,” Mom said.

“Only fat people need to exercise,” replied Abbie.

Abbie and her mom have different thoughts about exercise, but who’s being most responsible for Abbie’s health?

Abbie read, “The Surgeon General’s Report states that 13% of American children aged six to eleven are overweight. The main causes of this problem are lack of activity and poor eating habits. Television, computers, and video games take time away from activities that are healthy. About 43% of children watch more than two hours of television a day. Fast foods and snack foods cause poor eating habits. Children are filling up on fatty foods rather than healthy foods. The problem does not end with childhood. About 70% of overweight children become overweight adults. Overweight people are at risk for heart disease, high blood pressure, diabetes, and some forms of cancer.”

“You’re right Mom,” Abbie agreed. “Laying on this couch reading all day is not healthy. I need to read some and exercise some. I don’t want to get overweight.”

“Now you are being responsible for your health,” Mom agreed. “Let’s go for a bike ride.”

Vocabulary

Read each sentence from the story. Put an X by the meaning of the underlined word. (L.A.A.1.2.3.4.3)

1. “Get off that couch and get some exercise!” Abbie’s mom **fussed**.

_____ Fussed means questioned.

_____ Fussed means complained.

_____ Fussed means whispered.

2. Overweight people are at risk for heart disease, high blood pressure, **diabetes**, and some forms of cancer.

_____ Diabetes means fat.

_____ Diabetes is a disease.

_____ Diabetes is an exercise.

3. “Now you are being **responsible** for your health,” Mom agreed.

_____ Responsible means answering for one’s conduct.

_____ Responsible means being healthy.

_____ Responsible means growing into an adult.

Comprehension

Put an X to show if the sentence is a fact, fiction, or opinion. Write a short explanation of why you choose the answer. (LA.A.2.2.6.4.1)

4. Only fat people need to exercise.	<input type="checkbox"/> fact <input type="checkbox"/> fiction <input checked="" type="checkbox"/> opinion
Explanation:	

5. The Surgeon General's Report states that 13% of American children aged six to eleven are overweight.	<input type="checkbox"/> fact <input type="checkbox"/> fiction <input checked="" type="checkbox"/> opinion
Explanation:	

6. I don't want to get overweight.	<input type="checkbox"/> fact <input type="checkbox"/> fiction <input checked="" type="checkbox"/> opinion
Explanation:	

7. About 43% of children watch more than two hours of television a day.	<input type="checkbox"/> fact <input type="checkbox"/> fiction <input checked="" type="checkbox"/> opinion
Explanation:	

Write **C** by the cause and **E** by the effect. (LA.A.2.2.7.4.1)

8.
 Studies show that 13% of American children aged six to eleven are overweight.
 Children do not exercise and have poor eating habits.

9.
 "Get off that couch and get some exercise!" Abbie's mom fussed.
 "I am exercising," Abbie replied.

10.
 "I don't want to get overweight."
 "Let's go for a bike ride."

Answer Key

My Health, My Responsibility

Listen and follow as the story is read to you. Then, you read the story.

“Get off that couch and get some exercise!” Abbie’s mom fussed.

“I am exercising,” Abbie replied. “I’m exercising my mind reading this report about health.”

“You need to exercise your body as well as your mind,” Mom said.

“Only fat people need to exercise,” replied Abbie.

Abbie and her mom have different thoughts about exercise, but who’s being most responsible for Abbie’s health?

Abbie read, “The Surgeon General’s Report states that 13% of American children aged six to eleven are overweight. The main causes of this problem are lack of activity and poor eating habits. Television, computers, and video games take time away from activities that are healthy. About 43% of children watch more than two hours of television a day. Fast foods and snack foods cause poor eating habits. Children are filling up on fatty foods rather than healthy foods. The problem does not end with childhood. About 70% of overweight children become overweight adults. Overweight people are at risk for heart disease, high blood pressure, diabetes, and some forms of cancer.”

“You’re right Mom,” Abbie agreed. “Laying on this couch reading all day is not healthy. I need to read some and exercise some. I don’t want to get overweight.”

“Now you are being responsible for your health,” Mom agreed. “Let’s go for a bike ride.”

Vocabulary

Read each sentence from the story. Put an X by the meaning of the underlined word. (L.A.A.1.2.3.4.3)

1. “Get off that couch and get some exercise!” Abbie’s mom **fussed**.

Fussed means questioned.

Fussed means complained.

Fussed means whispered.

2. Overweight people are at risk for heart disease, high blood pressure, **diabetes**, and some forms of cancer.

Diabetes means fat.

Diabetes is a disease.

Diabetes is an exercise.

3. “Now you are being **responsible** for your health,” Mom agreed.

Responsible means answering for one’s conduct.

Responsible means being healthy.

Responsible means growing into an adult.

Comprehension

Put an X to show if the sentence is a fact, fiction, or opinion. Write a short explanation of why you choose the answer. (LA.A.2.2.6.4.1)

Note: Explanations are requested to assure that the student didn't make a lucky guess. Each should be a simple, one-sentence explanation.

4. Only fat people need to exercise.	<input type="checkbox"/> fact <input checked="" type="checkbox"/> fiction <input type="checkbox"/> opinion
Explanation: The explanation must say something to the effect that fiction means the sentence is not true.	

5. The Surgeon General's Report states that 13% of American children aged six to eleven are overweight.	<input checked="" type="checkbox"/> fact <input type="checkbox"/> fiction <input type="checkbox"/> opinion
Explanation: The explanation must say something to the effect that fact means the sentence is true.	

6. I don't want to get overweight.	<input type="checkbox"/> fact <input type="checkbox"/> fiction <input checked="" type="checkbox"/> opinion
Explanation: The explanation must say something to the effect that opinion means the sentence tells what someone thinks or feels.	

7. About 43% of children watch more than two hours of television a day.	<input checked="" type="checkbox"/> fact <input type="checkbox"/> fiction <input type="checkbox"/> opinion
Explanation: The explanation must say something to the effect that fact means the sentence is true.	

Write **C** by the cause and **E** by the effect. (LA.A.2.2.7.4.1)

8.
 E Studies show that 13% of American children aged six to eleven are overweight.
 C Children do not exercise and have poor eating habits.

9.
 C "Get off that couch and get some exercise!" Abbie's mom fussed.
 E "I am exercising," Abbie replied.

10.
 C "I don't want to get overweight."
 E "Let's go for a bike ride."