

KWL Posttest Assessment for Wellness Wonders



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Assessment Title: KWL Posttest
Assessment Form: Summative
Type of Assessment: Constructed Response and Selected Response

Duration: 30-45 minutes

Standard (s) Assessed: HE.A.1.2.2, HE.A.1.2.10, HE.B.1.2.4, HE.B.2.2.1, HE.C.1.2.4, HE.C.2.2.1, HE.C.2.2.6, LA.C.1.2.4.3.1, LA.D.2.2.5.3.1, MA.E.3.2.1.3.1, MA.E.3.2.1.3.2, and MA.E.3.2.1.3.3, Information Managers, Creative and Critical Thinkers, and Numeric Problem Solvers.

Description of Assessment Activity: Students review their KWL Pretest responses. The KWL Posttest will then be given to students to assess their knowledge of the health standards and one Language Arts standard for the unit. Students fill out the KWL independently in response to the guiding questions posed by the teacher. The teacher summarizes student responses and fills out the What We Have Learned part of the class KWL chart. This information can then be used as a means of self-reflection for students.

Teacher Directions:

Before the Assessment:

1. Download the Wellness Wonders KWL Posttest.
2. Make copies of the Wellness Wonders KWL Posttest, one per student.
3. Gather magazines and locate excerpts that are examples of fact and opinions, making sure the excerpts are on an appropriate readability level.
4. Review the pre and post KWLs prior to this activity.

Day of the Assessment:

1. Tell students this is a KWL posttest. They will receive a grade on it.
2. Distribute copies of students' KWL Pretest taken at the beginning of the unit. Allow time for students to review their responses.
3. Distribute copies of the Wellness Wonders KWL Posttest.
4. Instruct students to put their names on their papers.
5. Tell students you will read a question and they are to write the answer on their posttest. This will show what they have learned.
6. Read the Guiding Questions and allow time for student responses. Observe students while reading the questions and note any students that are not listening attentively (making eye contact and facing the teacher) on the LA.C.1.2.4.3.1 Checklist used previously in the KWL Diagnostic (see Diagnostic Assessment on the *Wellness Wonders* unit plan main page).
7. When completed, take up student papers.

After the assessment:

1. Check student responses for accuracy and summarize responses for each question. Post summary statements in the What We Have Learned column on the class KWL chart.
2. Encourage students to read, discuss, and self-reflect upon the summarized statements in the What We Have Learned column of the KWL chart.

Student Directions:

1. Take a few minutes to review your responses on the KWL Pretest you took at the beginning of this unit.
2. This is a KWL posttest. You will receive a grade on it. Write your name at the top.
3. Listen carefully to each question and write your answers on your Wellness Wonders KWL Posttest.
4. Remember, I will also be observing you to see how well you listen to the questions.

Scoring Method and Criteria:

Tally the number of correct responses on each student's KWL Posttest. Compare these numbers with those of the KWL Pretest for student reflection and as an indication of student achievement. Each numbered response counts 10 points. Use the Wellness Wonders KWL Posttest Key to score the assessments.



KWL Posttest
Wellness Wonders



Name _____

What I Have Learned

1.	<hr/> <hr/> <hr/>
2.	<hr/> <hr/> <hr/>
3.	<hr/> <hr/> <hr/>
4.	<hr/> <hr/> <hr/>
5.	<hr/> <hr/> <hr/>

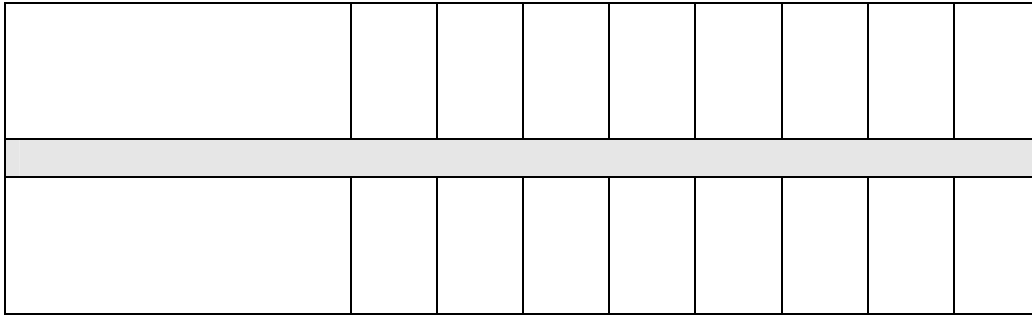
6.	<hr/> <hr/> <hr/>
7.	<hr/> <hr/> <hr/>
8.	<hr/> <hr/> <hr/>
9.	Fact_____ Opinion_____
10.	Fact_____ Opinion_____

Part B

11. Mrs. Thompson’s class is conducting a survey. They want to know each student’s favorite type of exercise. What question should they ask for the survey?

Part C

12. Mr. Wilson's class did a survey to see how many students brushed their teeth before coming to school that day. They found that fifteen students brushed their teeth before coming to school and five students did not. Make a pictograph to show these results.



Part D

Circle the letter of the best answer.

- 13. Based on the results of Mr. Wilson's class survey, you know that:
 - a) Most students brushed their teeth before coming to school.
 - b) Most students did not brush their teeth before coming to school.
 - c) Only three students brushed their teeth before coming to school.

- 14. Based on the results of Mr. Wilson's class survey, you know that:
 - a) Most girls brushed their teeth before coming to school.
 - b) Fewer students did not brush their teeth before coming to school.
 - c) Only five students brushed their teeth before coming to school.

KWL Posttest Guiding Questions

1. Name two health behaviors. Tell how they affect your well-being.
2. Name two healthy foods. Tell why the foods are good for you.
3. Name two unhealthy foods. Tell why the foods are not good for you.
4. Name two ways the media can affect how you think and feel about health behaviors.
5. What actions did you take to improve your health or to stay healthy?
6. What steps can a person take to get closer to a personal health goal?
7. Tell how you got health information and ideas during our unit.
8. Tell how you got your family, school, or community helpers to help you reach your health goal.
9. Listen to the information I read from this magazine. Decide if it is a fact or an opinion. Put a check beside the answer you choose.
10. Listen to the information I read from this magazine. Decide if it is a fact or an opinion. Put a check beside the answer you choose.

KWL Posttest Key

1. Accept all reasonable answers. Ex. - Two health behaviors I use are brushing my teeth and taking a bath daily. Brushing my teeth helps prevent tooth decay. It makes my mouth smell fresh and clean. Taking daily baths helps kill germs on my body. Then I don't get infections.
2. Accept all reasonable answers. Ex. – Fruits and vegetables are healthy foods. They have many vitamins and fiber.
3. Accept all reasonable answers. Ex. - Fried foods and sweets are not real healthy foods. Fried foods have a lot of fat. Sweets have a lot of sugar.
4. Accept all reasonable answers. Ex. – The media can affect my health choices in different ways. It can inform me of facts and help me make choices. It can try to persuade me to make choices.
5. Accept all reasonable answers. Ex. – I washed my hands before I ate; I got eight hours of sleep every night; or I exercised more often.
6. Accept all reasonable answers. Ex. - First, make a plan. Remember to ask people to help you with your plan. Finally, follow the plan.
7. Accept all reasonable answers. Ex. – I talked with people in my class and wrote about health information and ideas in my journal.
8. Accept all reasonable answers. Ex. – I asked my mom to quit buying cookies so I'd quit eating so many of them; I asked the P.E. teacher to time me while I ran a 50 yard dash; or, I asked the school nurse to weigh me each day.
9. Answers dependent upon the selected text.
10. Answers dependent upon the selected text.
11. Accept all reasonable answers. Ex. – What is your favorite type of exercise?
12. Accept all reasonable representations. The graph should have a title, axes titles, symbol key, and accurate representation of the data presented.
13. a
14. b