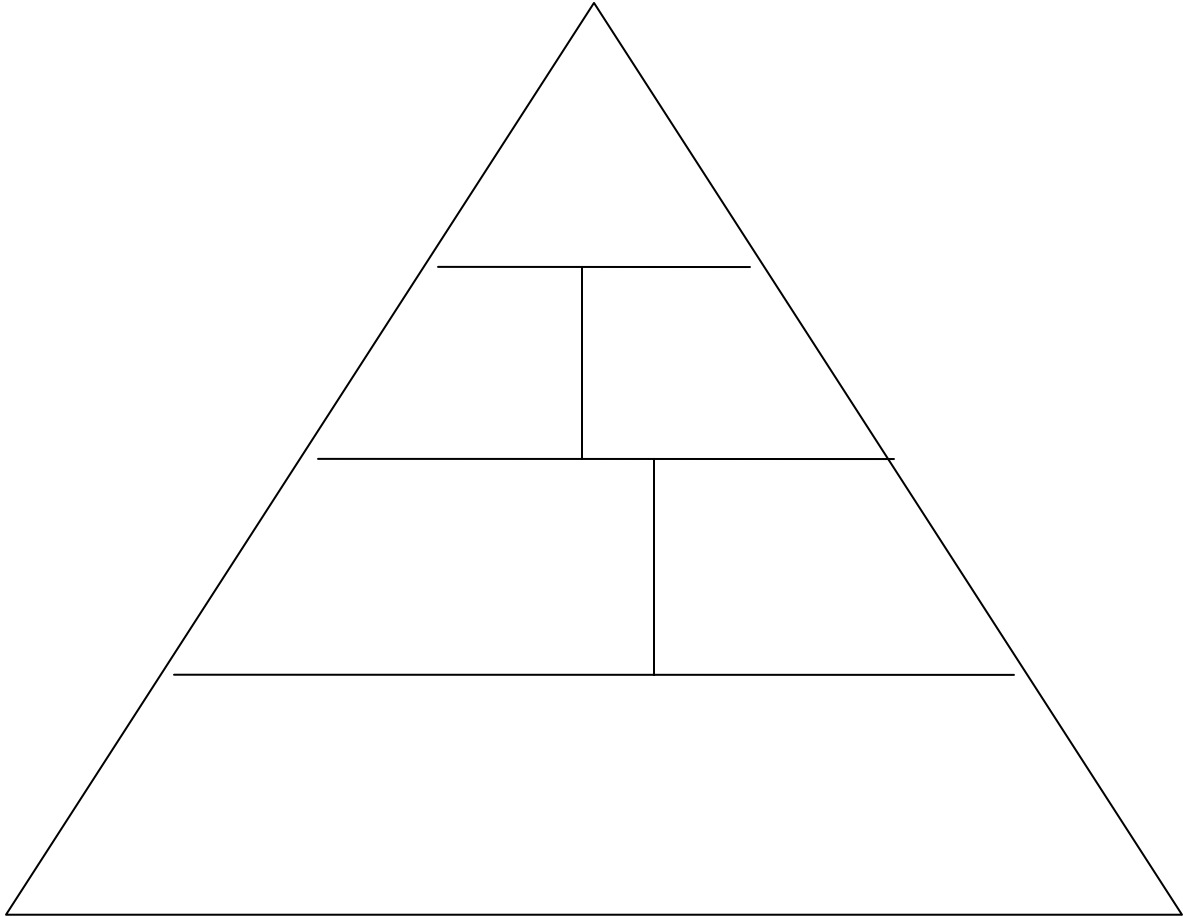


Choice Not Chance Assessment



Questions for Assessment

1. What patterns do you notice in your assigned country's food habits?
2. (a) How does the diet in your assigned county compare to the Food Guide Pyramid's recommended number of servings?

(b) How might this impact the health of an individual in that country?
3. (a) How does your own diet compare to the Food Guide Pyramid's recommended number of servings?

(b) How might this affect your health?