

I Care Rules

1. We listen to each other.
 2. Hands are for helping, not hurting.
 3. We use I Care Language.
 4. We care about each other's feelings.
 5. We are responsible for what we say and do.
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I Care Statement

1. Say the person's name.
 2. Say how you feel.
 3. Tell what happened to make you feel that way.
 4. Say what you would like to happen next time.
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I Care Language

1. Thank you!
 2. Please!
 3. May I help you?
 4. Are you okay?
 5. Excuse me.
 6. I am sorry!
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Steps to Good Listening

1. Look at each other.
2. Only one person talks at a time.
3. Repeat what the other person says.
4. Ask questions if you don't understand.