

STOP, DROP, GOAL

Instructions for putting out FIGHTS

(Follow these procedures immediately when you see a flaming face!)

- ❖ STOP the argument
- ❖ DROP the blaming
- ❖ Ask, "What is our GOAL?"
- ❖ Agree on a fair way to reach your goal

Practice a Fight Drill:

With a partner, think of an argument you have seen in a movie or read about in a book. Act out the beginning of the argument with your partner. Practice the stop, drop, and goal procedures as soon as you see a flaming face.

Put a check next to each procedure you followed correctly.

Identify a flaming face

STOP the argument

Identify the GOAL

Agree on a fair way to reach your GOAL

If you successfully completed all procedures of this drill, you are a master fight fighter.

Name _____ Date _____