

Read the following list of phrases:

- Circle the number of each phrase that applies to you
- Take 15 minutes to talk with as many other classmates as possible and find out which of the phrases describes them. Write each person's name on the line provided
- Be prepared to share your results with the class.

Find someone who....

- _____ 1. has stayed home for a least one night or more.
- _____ 2. has been invited to a party within the last month.
- _____ 3. belongs to a club or organization.
- _____ 4. goes out to dinner with their family.
- _____ 5. has purchased a new outfit.
- _____ 6. has traveled out of state recently.
- _____ 7. has a habit to break.
- _____ 8. has gone on a shopping spree alone.
- _____ 9. eats pita bread.
- _____ 10. will marry in the near future.
- _____ 11. has a paying job.

- _____ 12. has an established savings account.
- _____ 13. likes to dance.
- _____ 14. wants to be rich.
- _____ 15. wants to be famous.
- _____ 16. has planted a plant or a garden.
- _____ 17. has eaten a meal at home with the entire family.
- _____ 18. has visited his/her grandparents in the past month.
- _____ 19. wants to be a parent.
- _____ 20. has discussed a problem with someone close.
- _____ 21. likes to be outdoors.
- _____ 22. knows a good place to go for an evening out.

Think about what you have learned about your fellow classmates.

- 1) What do the students in this class have in common?
- 2) What differences do they have?
- 3) How do these characteristics (commonality and differences) contribute to a student's self-esteem and meet Maslow's Human Needs?

MASLOW'S Human Needs

1. Using the 22 phrases on the Who's Who? Sheet, decide which of the five layers of Maslow's Human Needs each one is an example of. Write them in the appropriate layer of the needs charts.
2. Choose two layers and explain why you place each phrase in that layer.

SELF-ACTUALIZATION

SELF-ESTEEM

LOVE

SAFETY

PHYSICAL