

Life is Like a Roller-coaster List

1. List at least one way that life is like a roller-coaster:

2. List at least one change that can happen in a family:

3. List at least one feeling that you may have when there is a change in a family:

4. Think about a change in a family and complete the following I message:

I feel _____ when _____.

.

Remember: You can cope!

You are not alone.
Life is Like a Roller-coaster Rubric

Commendable

Lists at least 1 of each:
Way life is like a
Roller-coaster;
Changes in families;
Feelings changes
in families cause;
and completes
one I message

Acceptable

Copies example
or another's idea

partially completed
response(s)

See Teacher

No response or
inappropriate
response