

Main Idea and Mind Map Rubric

	5 all correct	3 some errors	2 lot s of errors	1 Mostly all errors
<b>Correct spelling</b>				
<b>Mind map neat and readable</b>				
<b>Correct main idea</b>				
<b>All details support main idea</b>				
<b>Total</b>				

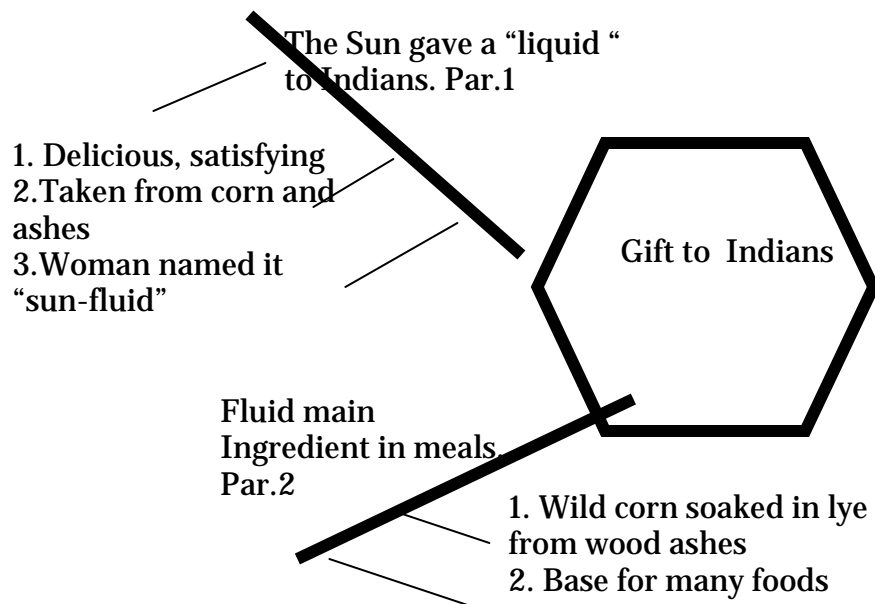
Total x 5

## The Sun's Gift to the Indians

There once was an old Indian woman of ancient times that cut a rip in the sky. Through this rip in the sky, dripped some delicious liquid. The most delicious and satisfying liquid the woman had ever tasted. The sun told the woman that this liquid was taken from corn and wood-ashes. He explained to her how to prepare and use it. She went back to her tribe and told them all about what happened and the gift the sun had given her. From that time on this liquid which the woman named 'sun-fluid' was used by a great number of American Indian tribes.

Many of the Indian foods had this fluid as the main ingredient in their meals. They used wild corn soaked in lye from wood ashes, as a base, then added many other ingredients to give flavor and variety. This sun fluid was used in many foods such as beans, vegetables, and broth.

Its variations were known by such names as "Sofki" by the Creeks, "Atole" by the and was known to be used in varying forms also by the Seminole and the Chickasaw.



1. Delicious,  
satisfying
2. Taken  
from corn  
and ashes
3. Woman  
named it  
"sun-fluid"

The Sun gave a  
"liquid" to  
Indians. Par.1

Sun's  
Gift to Indians

Fluid main Ingredient  
in meals. Par.2

1. Wild corn  
soaked in lye  
from wood  
ashes
2. Base for  
many foods