

Bingo
Unknown Author

There was a farmer had a dog
And Bingo was his name-O
B-I-N-G-O, B-I-N-G-O, B-I-N-G-O
And Bingo was his name-O.

In succeeding verses, leave off one letter of the dog's name and clap instead. Eventually, the whole name of the dog will be clapped instead of sung.

Food for Thought Game Cards

Set 1

| | | |
|--|---|---|
| <p>I think cereal is the best breakfast food.</p> <p>Set 1</p> | <p>The food pyramid guide tells how many servings of each food group you should eat daily.</p> <p>Set 1</p> | <p>Chicken tastes better than hamburger.</p> <p>Set 1</p> |
| <p>Calcium in milk builds strong bones and teeth.</p> <p>Set 1</p> | <p>Eating foods high in sugar can cause tooth decay.</p> <p>Set 1</p> | <p>I like to eat fruits more than vegetables.</p> <p>Set 1</p> |
| <p>Grapes are my favorite fruit.</p> <p>Set 1</p> | <p>Oranges have vitamin C.</p> <p>Set 1</p> | <p>Different vegetables provide different nutrients.</p> <p>Set 1</p> |
| <p>Skim milk has less fat than whole milk.</p> <p>Set 1</p> | <p>I think most kids do not eat healthy foods.</p> <p>Set 1</p> | <p>I like chocolate milk more than plain milk.</p> <p>Set 1</p> |

Set 2

| | | |
|---|---|--|
| <p>Beans and nuts have protein.</p> <p>Set 2</p> | <p>Fruit has fiber.</p> <p>Set 2</p> | <p>Eating bread, cereal, rice, and pasta gives us energy.</p> <p>Set 2</p> |
| <p>Carrots are my favorite vegetable.</p> <p>Set 2</p> | <p>Green beans taste better than broccoli.</p> <p>Set 2</p> | <p>Apples are the best fruit.</p> <p>Set 2</p> |
| <p>I love wheat bread.</p> <p>Set 2</p> | <p>Protein in meat helps build muscles.</p> <p>Set 2</p> | <p>There is fat in butter.</p> <p>Set 2</p> |
| <p>Fruits and vegetables have vitamins and minerals.</p> <p>Set 2</p> | <p>My favorite snack is ice cream.</p> <p>Set 2</p> | <p>Pizza is the best food.</p> <p>Set 2</p> |

Game Board

Food for Thought Bingo

FACT

FACT

FACT

OPINION

OPINION

OPINION

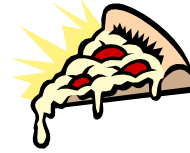
Answer Key

| Fact | Opinion |
|---|---|
| Calcium in milk builds strong bones and teeth. | I think cereal is the best breakfast food. |
| Eating foods high in sugar can cause tooth decay. | Chicken tastes better than hamburger. |
| The food pyramid guide tells how many servings of each food group you should eat daily. | I like to eat fruits more than vegetables. |
| Different vegetables provide different nutrients. | Grapes are my favorite fruit. |
| Skim milk is lower in fat than whole milk. | I like chocolate milk more than plain milk. |
| Oranges have vitamin C. | I think most kids do not eat healthy foods. |
| There is fat in butter. | I love wheat bread. |
| Fruits and vegetables have vitamins and minerals. | Pizza is the best food. |
| Protein in meat helps build muscles. | My favorite snack is ice cream. |
| Beans and nuts have protein. | Carrots are my favorite vegetable. |
| Fruit has fiber. | Green beans taste better than broccoli. |
| Eating bread, cereal, rice, and pasta gives us energy. | Apples are the best fruit. |

Name _____ Date _____



Food for Thought



Read each sentence.

Circle **F** if it is a fact. Circle **O** if it is an opinion.

- | | | |
|--|---|---|
| 1. Cheese pizza is the best. | F | O |
| 2. Pepperoni pizza has protein. | F | O |
| 3. There is calcium in the cheese on pizzas. | F | O |
| 4. I like my pizza hot. | F | O |
| 5. There are many kinds of pizza. | F | O |
| 6. Pizza has food from more than one food group. | F | O |
| 7. Pizza is good hot or cold. | F | O |
| 8. I think we deserve a pizza party. | F | O |

Draw a picture of your favorite pizza in the space below:

Food for Thought Key

1. O
2. F
3. F
4. O
5. F
6. F
7. O
8. O