

Rubric for Client Evaluation Portfolio

	low				high
Pre-Evaluation					
• typed, using correct grammar and spelling	1	2	3	4	5
• specifies baseline data	1	2	3	4	5
• identifies deficiencies to target	1	2	3	4	5
• suggests steps to take to improve deficiencies	1	2	3	4	5
• takes into account client's likes and dislikes	1	2	3	4	5
Spreadsheet					
• includes baseline data	1	2	3	4	5
• labels exercises with proper headings	1	2	3	4	5
• contains correct dates	1	2	3	4	5
• is equally spaced	1	2	3	4	5
• contains final totals and percentage of difference between baseline data	1	2	3	4	5
Fitness Program					
• states goal that is to be accomplished	1	2	3	4	5
• takes into consideration client's needs	1	2	3	4	5
• takes into consideration client's preferences of activity	1	2	3	4	5
• allows for maximum activity time	1	2	3	4	5
• typed with correct grammar and spelling	1	2	3	4	5
Post-Evaluation					
• typed, using correct grammar and spelling	1	2	3	4	5
• identifies areas of client's progress	1	2	3	4	5
• describes steps taken to improve health	1	2	3	4	5
• compares differences between baseline and final data	1	2	3	4	5
• recommends a plan for future health considerations	1	2	3	4	5