

## Rubric for Tennis Drills

Selected Drill #1 \_\_\_\_\_

	low					high
• proper technique						
grip	0	1	2	3	4	5
footwork	0	1	2	3	4	5
backswing	0	1	2	3	4	5
ball contact	0	1	2	3	4	5
weight shift	0	1	2	3	4	5
follow through	0	1	2	3	4	5
set position	0	1	2	3	4	5
• drill's relationship to skill	0	1	2	3	4	5
• drill's accessibility to group	0	1	2	3	4	5
• appropriate for advancement in the skill	0	1	2	3	4	5

Selected Drill #2 \_\_\_\_\_

	low					high
• proper technique						
grip	0	1	2	3	4	5
footwork	0	1	2	3	4	5
backswing	0	1	2	3	4	5
ball contact	0	1	2	3	4	5
weight shift	0	1	2	3	4	5
follow through	0	1	2	3	4	5
set position	0	1	2	3	4	5
• drill's relationship to skill	0	1	2	3	4	5
• drill's accessibility to group	0	1	2	3	4	5
• appropriate for advancement in the skill	0	1	2	3	4	5

Selected Drill #3 \_\_\_\_\_

	low					high
• proper technique						
grip	0	1	2	3	4	5
footwork	0	1	2	3	4	5
backswing	0	1	2	3	4	5
ball contact	0	1	2	3	4	5
weight shift	0	1	2	3	4	5
follow through	0	1	2	3	4	5
set position	0	1	2	3	4	5
• drill's relationship to skill	0	1	2	3	4	5
• drill's accessibility to group	0	1	2	3	4	5
• appropriate for advancement in the skill	0	1	2	3	4	5

Selected Drill #4 \_\_\_\_\_

	low					high
• proper technique						
grip	0	1	2	3	4	5
footwork	0	1	2	3	4	5
backswing	0	1	2	3	4	5
ball contact	0	1	2	3	4	5
weight shift	0	1	2	3	4	5
follow through	0	1	2	3	4	5
set position	0	1	2	3	4	5
• drill's relationship to skill	0	1	2	3	4	5
• drill's accessibility to group	0	1	2	3	4	5
• appropriate for advancement in the skill	0	1	2	3	4	5