

# Angle Aerobics

Students, today we will be participating in angle aerobics. When we start the aerobics, part of your instructions will be given as the names of angles and you must demonstrate this style of angle with your arms. When you miss one, you must sit down. The last person standing will win a prize. We will play three rounds.

As I demonstrate the angle, you illustrate it in the appropriate box.

Right

Obtuse

Acute

Straight

Now, here we go!!!

# Angle Aerobics

## TEACHER'S EDITION

Step 1: Review all worksheets and instructions. Be familiar with lesson.

Step 1: Pass out the worksheet.

Step2: Read it aloud with your students.

Step 3: Demonstrate the angles listed with your hands and allow students time to illustrate these in the appropriate spaces on their instruction sheet.

Step 4: Have students stand and make sure that they have room to move around. Tell them this is a practice session. Call out the names of angles and have students demonstrate with their hands (they can use their drawings as guides). Go through each angle at least twice. Then ask students if they are ready to begin aerobicizing.

Step 5: Explain to students that you will play some music (get this ready ahead of time, this is good to get students involved) to get the aerobics started. Students will then follow your lead. You will be demonstrating (like an aerobics class). I suggest adding in some walk-in-place, stretches, etc, in order to keep students alert and listening for angle names. This also makes it fun. Remind students that they must sit down after missing one angle. Start slowly and speed up the pace as the numbers of standing students decreases. When you have only one student left, give out the prize. Ask for questions then repeat for rounds 2 and 3.

Step 6: After these 3 rounds of angle aerobics, review angles on the board. Draw the different types of angles and have students name them. If you use small individual dry erase boards, you may also name the angles and have students draw them and hold them up. Another variation would be to use answer cards with the names of the angles and when you draw them, have students hold up the answer card that expresses the correct name of the angle.

Step 7: Complete worksheet 2

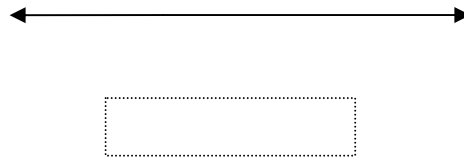
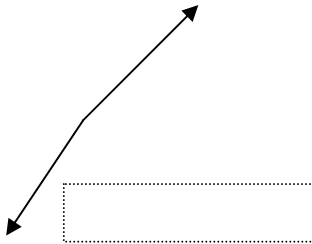
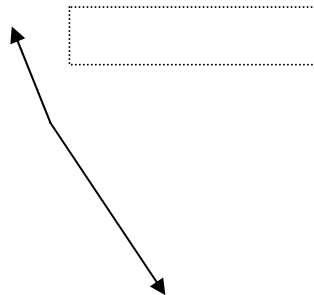
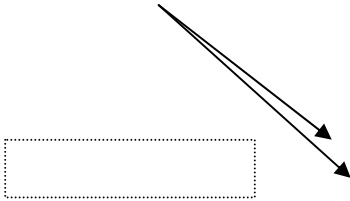
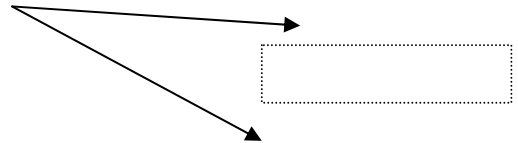
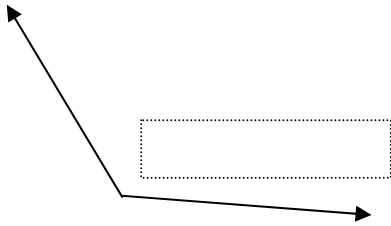
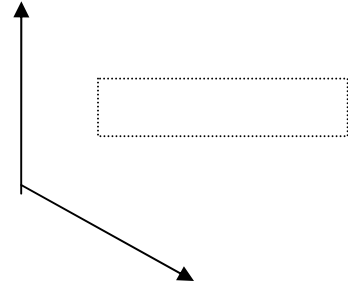
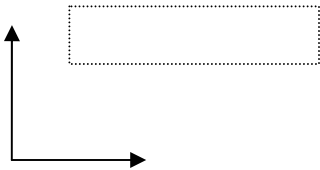
# Angle Aerobics

Worksheet 2

Name: \_\_\_\_\_

Date: \_\_\_\_\_

Name the angles below using acute, obtuse, right, and straight. .



Number Correct	_____
Number of Problems	10
Percent of Accuracy	

